

# WEEKEND WORISHHOPS 

With Diwali just behind us and the wedding season and Christmas still a couple of weeks away, your weekends may be looking a little empty. Rhea Dhanbhoora \& Henna Achhpal compile a list of workshops from around the city so that you can take a break from all the parties and have a productive weekend instead...

Ifyour social calendar is not full to the brim but you'd still like to have a weekend filled with activity and be productive and learn at the same time, a weekend workshop is a good option. Pooja Bajaj, founder of Extramile Cafe which holds several workshops tells us, "After a long and hectic work week with only the boss and overdue assignments on your mind, you begin to think - is this really what you enjoy doing? This coupled with multiple social obligations leaves little time for a Mumbaikar to plan for his/her own personal development. Courses in zumba and guitar classes among others are available in plenty but it gets difficult to commit to one that expects you to attend thrice a week. This is where the search begins for avenues to not only develop new skills but also to unwind and meet likeminded people. The advantage of weekend workshops is that they don't interrupt your existing work schedules and commitments and give you valuable knowledge to kick start something that you've always wanted to do. People also come in with their friends for a group fun activity chosen over a regular lunch or movie."
From cooking classes to scuba diving, learning more about fashion and style there are a ton of innovative workshops for everyone out there. We take a look at some that you can get started with...

## DISCOVER THE <br> CONNOISSEUR IN YOU

All Things Nice just got a little bit nicer! If you're stuck for things to do this weekend, head down to OPA for their wine and cheese pairing guide. Not only can you bring out your inner connoisseur by tasting four imported and three Indian wines but you can also write your own tasting note as well as use the world famous Le Nez Du Vin Aroma Kits. Nikhil Agarwal, director of All Things Nice, says "These tastings are designed to be informal but yet fun and educative. We will talk about wine in
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« GET SMART
Use technology to make day-to day functioning a lot easier
afternoon

## Property \& Interior

"PAINT POWER
Get arty with glow-in-the-dark paint for your walls or ceiling

## «CRISIS CONTROL

Getting an ayah is tough as
harassed residents 'create
solutions
« EXPERTSPEAK
The indemnity bond for managing committee members is mandatory

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general and then follow it up with an actual tasting of seven very different wines. These sessions are very good if someone is interested in learning about wine, wine and cheese pairing and of course, trying different styles of wine." Also, receive a complimentary 100 gm pack of grated Parmigiano Reggiano in addition to a $10 \%$ discount coupon redeemable at your next purchase at Nature's Basket.
Where OPA. Opposite Reid \& Taylor, Juhu Tara Road
Contact www.allthingsnice.in
Cost Available at Godrej Nature's Basket outlets for ₹ 1,500


## BRING OUT YOUR BAKER'S HAT

What's the best way to satisfy all those midnight sweet cravings? Learning how to bake of course! Pooja Dhingra's Le 15 Patisserie holds a number of workshops for all those interested in baking and cooking at various levels. So whether you're a beginner or an expert, there's always something new to learn at Le 15's workshops. This November, there are a host of workshops lined up from Sugar Craft by Christina Fernandes to Cooking for beginners by Rushina Munshaw Ghildiyal. And that's not all, there's also a special baking workshop for men which will be conducted by Pooja herself. Ladies, now you know where to send your husband this Sunday.
When Visit www.blog.le15.co.in for a detailed schedule Where Le 15 Central Kitchen, Shop 2, B wing, Rajgruha Co-Op, BM Marg, Elphinstone West
Contact 9820487727 , le15patisserie@gmail.com
Cost ₹ 2,000 to ₹ 2,500


## TAKE A DIP \& BECOME A PRO

The weather outside is murky and the constant change in temperature is driving us up the wall. To get a little break from city life and unwind while still feeling a slight thrill, an adrenaline rush is what you should be looking for. Orca Dive Club in Worli is going to help you find that perfect weekend activity to give you a good mix of thrill and calm. The two-day scuba diving lessons at Khopoli will help you complete two modules of the PADI (Professional Association of Diving Instructors) open-water course with the Confined Water Dive and Knowledge Review sections.

Anees Adenwala, founder of Orca Dive Club says, "We aim to bring the sport of scuba diving closer to home, giving you the option to finish the theory and confined water training sessions before you travel to exotic dive destinations around the world." Once you have your certification, that trip to the Maldives or getaway to Lakshadweep is going to be much more exciting.
When November 5 and 6
Where Orca Dive Club, 1/110, Anand Niwas, Dr. E Moses Road, Worli
Contact 24921541 / 24928175
Cost ₹ 15,000
$\gg$ Make the most of the weekend by getting your scuba diving certification in place so that you can check diving off your bucket list when you're on your next vacation


## STYLE HEAVY

Trained fashion stylist Nikhil Mansata has a treat for you this weekend. The designer, who has worked with Tank Magazine, Conde Nast International and has done short stints for Glamour and Tatler Russia as well as worked as a fashion stylist for Vogue India teaches us everything we need to know about our own personal style. Learn all you need to know about fashion with this great workshop. Founder of Extra Mile, Pooja Bajaj tells us, "Workshops at Extra Mile encourage men and women to pursue their interest and manage their hobbies. With topics such as fashion styling, film making, art therapy and creative writing by renowned experts, we create a platform to learn from the best in the industry and help you make your passion your new profession. The following Monday you are ready to go back to work knowing you have had a productive weekend, apply your new skills at work and share your experiences with others."
When November 5 from 12 noon to 5 pm
Where Mithibai College, Vile Parle (W)
Contact Pooja Bajaj 9820308784
Cost ₹ 1,500

## SING IT LOUD

Named 'Best Music Class' by New York Magazine in 2010, the Songs for Seeds workshop is a music class that encourages children to sing and play instruments as well as learn through song from a young age. Children up to the age of five can participate and the resident band performs nursery rhymes and teaches them counting and animal sounds through music. Don't let your children miss out on this musical experience.
When November 4 from 2-3pm
Where The Big Umbrella, August Kranti Marg Contact 43680000
Cost Free entry, subject to availability

## ALL ABOUT BEAUTY

If you love makeup but all the products leave you confused, worry not. You can pick from three kinds of workshops: the 'Know Your Makeup' workshop includes product familiarisation and some application techniques. The 'Skin-ful' workshop teaches you how you can get a flawless and natural base - right from using a primer to choosing the right shade of foundation. And last but not the least, the 'Eyes-matic' workshop which teaches you how you can add drama to your eyes with various makeup techniques. When November 6
Where Beauty Bar, Shop No. 8, Red Rose Apartments, Next to Sab TV, Off Link Road, Andheri (W)
Contact contact@thebeautybar.in
Cost $₹ 1,500$ per workshop

## COOKING MONSTERS

If you want your children to explore cultures by measuring and mixing ingredients, this workshop is for them. Help them create different dishes and open your home to a new little chef. For children between the ages of $21 / 2$ to $31 / 2$ years the workshop promises to inculcate a love of food and cooking in your little angels. When November 4, 4-5 pm Where The Big Umbrella Contact 43680000
Cost Free entry

## A CULINARY EXCHANGE

Known for bringing South East Asian delicacies to the city, Nikhil Chib shows you how you can prepare some of his favourites in a session that blends interactive cooking with artistry. When November 5 from 1pm - 3pm Where Busaba, Mathuradas Mill Compound, Lower Parel Contact 22043769 Cost $₹ 750$ per head for the session and lunch.

## BREW IT RIGHT

Coffee enthusiasts are going to love this two hour workshop by Sahil Jatana. If instant coffee and cappuccino is all you know about coffee, you're depriving yourself of a whole world of caffeine related knowledge. The workshop gives you a brief introduction to coffee, the types of beans, common types of roasts and coffee brewing equipment, methods, tips and tricks. Sahil also gives you some tips to keep in mind when looking for the perfect blend. Book yourself a place fast as it's on first come first serve basis and gear up for some aromatic coffee talks. When November 5, 4pm Where Flat 7-12, Plot no. 392, Vasant building, Bahudaji road, Next to Cafe Madras, King's Circle Contact To register, email them at workshops@thecoffeecoach.in Cost ₹750 per head


